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# The Mostly Legal Podcast: Episode 9 "Small Firms, Big Hearts"

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Which question would you rather have the answer to - where do you find the best firm administrators or how do you gain loyalty from a large group of people? Fortunately, you don't actually have to choose because Katya Adams (Office Manager, The Watkins Firm, APC) and Gail Fredrickson (Firm Administrator, Rossway Swan) give us answers to both. Pull up a chair because we dive into a whole host of other questions too and you won't want to miss what they have to say.

#### **About the Guests**

#### **Katya Adams**

Office Manager, The Watkins Firm, APC

Katya Adams joined the firm in 2004 as a File Clerk, but her natural business and management sense found their application as she progressively took over the general management of the firm. Throughout her legal career, Ms. Adams' ongoing interest in continuing her legal and management education has equipped her to oversee the firm's technology, human resources, financial and facilities management.

Katya completed undergraduate studies at the University of California at San Diego. She is an avid participant in the San Diego legal community. Ms. Adams is an active member of the Association of Legal Administrators and recently completed her tenure as the San Diego Chapter's president. Her volunteer efforts also include being a part of the committee for Couture for a Cause, an annual charity event that brings the legal community together to benefit children in need. Ms. Adams is fluent in Russian.

Away from work, Ms. Adams enjoys reading, traveling, and spending time with her family and has a B.S. Psychology from the University of California San Diego (2005)

#### **Gail Fredrickson**

Firm Administrator, Rossway Swan Tierney Barry & Oliver, P.L.

Gail Fredrickson joined Rossway Swan in 2008 and has served as the Firm Administrator since 2011. Gail earned a Bachelor of Applied Science Degree in Organizational Management, and her experience in finance and management provides a strong basis for her current position.

Gail was born and raised in Vero Beach, Florida and she is deeply rooted in her community. She has two adult children, with whom she treasures time spent together on visits and family events. Gail is actively involved in community and charitable events and enjoys traveling and exploring new destinations.











### **Episode Resources**

Gail's Resources:
Rossway Swan T

Rossway Swan Tierney Barry & Oliver, P.L.

Katya's Resources:

The Watkins Firms, APC

Thanks for tuning in! Join us back here next week for episode 10 with Jenna Carter and Chassidy Deckard!

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